

Back to School (NOT)

What prevents adults from improving their skills? For many, school was not a positive experience. Many feel that much of what they learned at school has been forgotten and that too much time will be required to upgrade these skills. This is where we can help! The Training and Learning Centre offers an adult learning environment. We can help you build your essential skills (reading, writing, working with numbers, using a computer). Together, we will develop a flexible learning plan that will suit your individual needs and provide a comfortable and welcoming environment in which to learn. Our instructors will respect the skills, strengths, and experience that you, as an adult, bring with you to the program.

If you, or someone you know, are wondering whether or not it is time to refresh your essential skills, check out the Training & Learning Centre (TLC). Here is a short checklist of questions, courtesy of Community Literacy of Ontario, that you may find helpful:

1) Are you happy with your current employment situation? We know that only 61% of Ontarians with weak essential skills are employed, while 82% of those with strong reading, writing, numeracy and computer skills have employment.

2) If you are unemployed or underemployed, do you think your current skill levels might be part of the reason why? Close to 50% of adults with the lowest levels of essential skills live in low-income households, compared to 8% with high skills.

3) Is there a chance that your health may be affected by your current skill level? Research tells us that Canadians with weak essential skills are more likely to suffer poorer health. Having solid reading, writing, numeracy and computer skills is a great predictor of overall good health.

4) Are your kids or grandkids way out ahead of you when it comes to being comfortable with computers and digital learning? You are your children's first and most important teachers. If you have strong skills, the higher the chances are that your kids will complete high school.

Please check out our fall programming at TLC. We can offer daytime or evening sessions, all in an environment that definitely won't make you feel like you are going back to school! Please call our Program Manager, Sue Rupert at 613-628-1720 to find out more.